

# WELLBEING AND WELLBEING SUPPORT

Adolescence is a complex time and we have a large wellbeing team to assist students with a wide variety of issues. If your student has an ongoing medical condition, a disability or a family issue please inform the school so staff are able to provide the best support possible. We can also be a link with teachers providing them with information relevant to your student's wellbeing and success at The College.

The Wellbeing team aims to build the level of wellbeing for every student with an annual focussed program designed to develop positive relationships, resilience and self-confidence. The team actively works to provide an inclusive, safe, orderly and stimulating learning environment.

Year 11 & 12 is a complex time for young people as they aim to balance home, sport, work and relationships with their school responsibilities. On top of this, decisions need to be made about future pathways.

At times, issues arise which need to be addressed so that everyone can move forward. An independent point of view or someone who has time to listen to you can be important. We can help provide this for you.

The Student Wellbeing team consists of:

Marg Wilson	Leading Teacher Wellbeing and coordinator of Special Provision
Colin Cole	Chaplin
Roz Devilee	School Nurse
Martha Maiorana	Wellbeing Coordinator
Cleonie Quale	Koorie Education Support Officer
Maeli Felise	Clontarf Academy
Michael James	Clontarf Academy

The team also access the support of the School Support Staff and have developed a Memorandum of Understanding with Tristar to have a mental health worker on site for one day a week and a Doctor for one day a month. Students can, with parental approval, access this service through them.

A wellbeing area is located in the administration block, where in a private area students can be assured of confidentiality. If it is appropriate, we can refer students to outside professionals and/or organisations such as Headspace. The team can also be a link between students, teachers and parents, providing them with information relevant to wellbeing and success at school.

