# MILDURA SENIOR COLLEGE a pathway to the future

# ANAPHYLAXIS MANAGEMENT POLICY

#### Rationale

Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening. The most common allergens in school aged children are peanuts, eggs, tree nuts (e.g. cashews), cow's milk, fish and shellfish, wheat, soy, sesame, latex, certain insect stings and medication.

The key to prevention of anaphylaxis in schools is knowledge of those students who have been diagnosed at risk, awareness of triggers (allergens), and prevention of exposure to these triggers. Partnerships between schools and parents are important in ensuring that certain foods or items are kept away from the student while at the school.

Adrenaline given through an EpiPen® autoinjector to the muscle of the outer mid thigh is the most effective first aid treatment for anaphylaxis.

As per Ministerial Order 706: Anaphylaxis Management in Schools, the Mildura Senior College will comply with the order and guidelines as prescribed in clause 6.

## **Definitions**

Anaphylaxis: Is a severe and rapidly progressive allergic reaction that is potentially life threatening.

**School hours:** 8.50 am – 3.50 pm on school days.

**DEECD:** Department of Education and Early Childhood Development.

# Guidelines

- To provide, as far as practicable, a safe and supportive environment in which students at risk of anaphylaxis can participate equally in all aspects of the student's schooling.
- To raise awareness about anaphylaxis and the school's anaphylaxis management policy in the school community
- To engage with parents/carers of students at risk of anaphylaxis in assessing risks, developing risk minimisation strategies and management strategies for the student.
- To ensure that each staff member has adequate knowledge about allergies, anaphylaxis and the school's policy and procedures in responding to an anaphylactic reaction.

## Implementation

## **Individual Anaphylaxis Management Plans**

The principal will ensure that an individual management plan is developed, in consultation with the student's parents, for any student who has been diagnosed by a medical practitioner as being at risk of anaphylaxis.

The individual anaphylaxis management plan will be in place as soon as practicable after the student enrols, and where possible before their first day at the school.

The individual anaphylaxis management plan will set out the following:

- Plans will be displayed in clear site in the front office of the College
- Information about the diagnosis, including the type of allergy or allergies the student has (based on a diagnosis from a medical practitioner).
- Strategies to minimise the risk of exposure to allergens while the student is under the care or supervision of school staff, for in-school and out of school settings including camps and excursions.

Note: The red and blue 'ASCIA Action Plan' is the most common form of emergency procedures plan that is provided by medical practitioners to parents when a child is diagnosed as being at risk of anaphylaxis.

Download from DEECD Health Support Planning Policy

The student's individual management plan will be reviewed, in consultation with the student's parents/carers:

- annually, and as applicable,
- if the student's condition changes, or
- immediately after a student has an anaphylactic reaction at school.

It is the responsibility of the parent to:

- provide the emergency procedures plan (ASCIA Action Plan).
- inform the school if their child's medical condition changes, and if relevant provide an updated emergency procedures plan (ASCIA Action Plan).
- provide an up to date photo for the emergency procedures plan (ASCIA Action Plan) when the plan is provided to the school and when it is reviewed.

#### **Communication Plans**

The principal will be responsible for ensuring that a communication plan is developed to provide information to all staff, students and parents about anaphylaxis and the school's anaphylaxis management policy.

The communication plan will include information about what steps will be taken to respond to an anaphylactic reaction by a student in a classroom, in the school yard, on school excursions, on school camps and special event days.

Volunteers and casual relief staff of students at risk of anaphylaxis will be informed of students at risk of anaphylaxis and their role in responding to an anaphylactic reaction by a student in their care by the assistant principal or student wellbeing officer.

At Mildura Senior College the First Aid Process document is considered to be the communication plan.

All staff will be briefed once each semester by a staff member who has up to date anaphylaxis management training on:

- the school's anaphylaxis management policy
- the causes, symptoms and treatment of anaphylaxis
- the identities of students diagnosed at risk of anaphylaxis and where their medication is located
- how to use an auto adrenaline injecting device
- the school's first aid and emergency response procedures
- prevention strategies to be used by the school to minimise a risk of anaphylactic reaction.

## **Prevention Strategies**

An information DVD will be used for this purpose at staff briefings.

Canteen information provided.

OH&S tutorials at the commencement of each team.

Phones on yard duty & first aid processes within the College

Internal health awareness strategies promoted (i.e. Food allergy information).

Back up Adrenaline Auto Injectors available for general use.

# Staff Training and Emergency Response

In an event of an anaphylactic reaction, the College's first aid and emergency response procedures and students Individual Anaphylaxis Management plan must be followed.

Teachers and other school staff who conduct classes which students at risk of anaphylaxis attend, or give instruction to students at risk of anaphylaxis must have up to date training in an anaphylaxis management training course.

At other times while the student is under the care or supervision of the school, including excursions, yard duty, camps and special event days, the principal must ensure that there is a sufficient number of staff present who have up to date training in an anaphylaxis management training course. The principal will identify the school staff to be trained based on a risk assessment.

Note: A risk assessment tool has been included in this information pack to assist principals and can be downloaded from DEECD Health Support Planning Policy

Training will be provided to these staff as soon as practicable after the student enrols.

Wherever possible, training will take place before the student's first day at school. Where this is not possible, an interim plan will be developed in consultation with the parents.

The school's first aid procedures and students emergency procedures plan (ASCIA Action Plan) will be followed in responding to an anaphylactic reaction.

## Resources

**DEECD Anaphalaxis Guidelines:** 

http://www.education.vic.gov.au/school/principals/health/Pages/anaphylaxisschools.aspx

Epiclub:

http://www.epiclub.com.au/index.php?page=home

Mildura Senior College First Aid Policy

# **Appendices**

MSC Anaphylaxis Management Plan

## **Evaluation**

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